WHAT IS CLAIMED IS:

to the capabilities of the recipient.

1	1.	A communications method, comprising:
2		enabling instant messaging communication between a sender and at least one
3	recipie	ent through an instant messaging host; and
4		enabling video communication between the sender and the recipient through
5	the ins	stant messaging host.
1	2.	The method of claim 1 further comprising receiving and authenticating a text
2	instant from the sender at the instant messaging host.	
1	3.	The method of claim 2 wherein authenticating comprises identifying a screen
2	name associated with at least one of the sender and the recipient.	
1	4.	The method of claim 3 wherein authenticating comprises identifying an IP
2	address as	ssociated with at least one of the sender and the recipient.
1	5.	The method of claim 1 further comprising determining capabilities of the
2	recipient at th	e instant messaging host.
1	6.	The method of claim 5 wherein determining comprises identifying hardware
2	associated with the recipient.	
1	7.	The method of claim 5 wherein determining comprises identifying software
2	associated wi	th the recipient.
1	8.	The method of claim 5 further comprising reporting the capabilities of the
2	recipient to the sender.	
1	9.	The method of claim 8 wherein the sender displays a user interface according
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- 1 10. The method of claim 1 further comprising receiving, at the instant messaging host, a request to establish video communication.
- 1 11. The method of claim 10 wherein the request is from the sender.
- 1 12. The method of claim 10 wherein the request is from the recipient.
- 1 13. The method of claim 10 further comprising authenticating the request.
- 1 14. The method of claim 13 wherein authenticating comprises identifying 2 a screen name associated with at least one of the sender and the recipient.
 - 15. The method of claim 13 wherein authenticating comprises identifying an IP address associated with at least one of the sender and the recipient.
 - 16. The method of claim 1 wherein enabling video communication comprises establishing a generic signaling interface channel, a control channel, and a video channel between the sender and the recipient.
 - 17. The method of claim 16 wherein the control channel comprises a TCP/IP socket.
- 1 18. The method of claim 16 wherein the video channel comprises a UDP channel.
- 1 19. The method of claim 16 wherein the video channel comprises a TCP channel.
- 1 20. A communications apparatus comprising an instant messaging host configured
- 2 to:
- enable instant messaging communication between a sender an at least one recipient;
- 4 and
- 5 enable video communication between the sender and the recipient.

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- 1 21. A computer program, stored on a computer readable medium, comprising 2 instructions for:
- enabling instant messaging communication between a sender and at least one recipient through an instant messaging host; and
- enabling video communication between the sender and the recipient through the instant messaging host.
- 1 22. The computer program of claim 21, wherein the computer readable medium 2 comprises a disc.
 - 23. The computer program of claim 21, wherein the computer readable medium comprises a client device.
 - 24. The computer program of claim 21, wherein the computer readable medium comprises a host device.
 - 25. The computer program of claim 21, wherein the computer readable medium comprises a propagated signal.